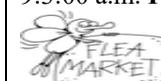


City of Perth Amboy, Department of Human Services,
Office on Aging Scheduled Events and Activities for **February 2016**

732-826-1690, Ext. 4307 & 4326 (Visit us on Facebook)



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
9:00 a.m. Board Games/Dominoes  ... Dominoes 1:00 p.m. Bingo	9:00 a.m. Board Games/Dominoes  10:30 a.m. Exercise w/ Greg 1:00 p.m. BINGO	9:00 a.m. Board Games/Dominoes 10:30 a.m. Walt Skarbek – “ Love Songs to Remember “  1:00 p.m. Bingo	9:00 a.m. Board Games/Dominoes  10:30 a.m. Tai Chi - BASHA 1:00 p.m. Bingo	9:00 a.m. Board Games/Dominoes 9:30 a.m. Flea Market 12:00 p.m. L.O.Y.O - Flaming Grill Buffet ** Sign in w / Myrna 1:00 p.m. BINGO
8	9	10	11	12
9:00 a.m. Board Games/Dominoes 10:30 a.m. Chinese New Year 2016 Year of the Monkey - Order your Egg Rolls!  1:00 p. m. Bingo	9:00 a.m. Board Games/Dominoes 10:30 a.m. Exercise w/ Greg !!! 1:00 p.m. BINGO 	9:00 a.m. Board Games/Dominoes 10:00 a.m. Arts and Crafts w/Joan  1:00 p.m. Bingo	9:00 a.m. Board Games/Dominoes 9:30 a.m. Vision Screening –Billiard Room  10:30 a.m. Tai Chi - Basha 1:00 p.m. VALENTINE BINGO	9:00 a.m. Board Games/Dominoes 10:30 a.m. Join us .for our Valentine’s Day Luncheon 
15	16	17	18	19
	9:00 a.m. Board Games/Dominoes 10:30 a.m. Exercise w/ Greg  Healthy Body n Mind... 1:00 p.m. B I N G O 	9:00 a.m. Board Games/Dominoes 10:30 a.m. –Healthy Snack Demo. – EAT WELL N STAY HEALTHY  1:00 p.m. Bingo	9:00 a.m. Board Games/Dominoes 10:30 a.m. Tai Chi - Basha 12:00 p.m. Movie Afternoon  Lights, Camera, Action !! 1:00 p.m. Bingo	9:00 a.m. Board Games/Dominoes 9:3:00 a.m. Flea Market  1:00 p.m. BINGO 
22	23	24	25	26
10:30 a.m. In Celebration of Black History Month – Join us for a Special Program  CELEBRATE BLACK HISTORY MONTH Marshall Hand and Drum Ensemble!	9:00 a.m. Board Games/Dominoes 10:30 a.m. Exercise w/ Greg 11:30 a.m. Birthday Bash 1:00 p.m. BINGO 	9:00 a.m. Board Games/Dominoes 10:00 a.m. Arts and Crafts w/Joan  11:00 a.m. Trip to African Art Museum, - \$3 p/p	9:00 a.m. Board Games/Dominoes 10:30 a.m. Tai Chi - Basha 12:00 p.m. Sweet Potato Pie Contest 1:00 p.m. BINGO 	9:00 a.m. Board Games/Dominoes  FLEA MARKET 9:30 a.m. 12:00 p.m. Advisory Council Mtg.
29	February is ... American Heart Association Month ** AMD/Low Vision Awareness ** American Heart Month ** National Senior’s Independence Month 		UPCOMING IN MARCH: MARCH– Trip to Medieval Times March 17 – St. Patrick’s Day March 25 th – Good Friday March 31 st - Atlantic City Trip APRIL – TRIP GROUNDS 4 SCULPTURE -DTBD	
9:00 a.m. Board Games/Dominoes 11:45 a.m. Transportation to NJMVD  New Jersey JERSEY GIRL Garden State 1:00 p.m. BINGO	 <i>I don't Love you Because you Are my Friend You are My Friend Because I Love you</i>		Why does a leap year exist? Leap years are necessary to keep the planet aligned with Earth's revolutions around the sun. While the calendar assumes the Earth revolves around the sun every 365 days, it actually takes the Earth a bit longer - 365 days, 5 hours, 48 minutes and 46 seconds.	